



EYELASH EXTENSIONS POST CARE INSTRUCTIONS

KEEP YOUR LASHES DRY and avoid touching them for the first 24 hours. After 24 hours, care is simple: avoid oil-based products, cleanse your lashes regularly and be gentle with the lashes. They are resistant to water, sweat and tears.

- Be gentle to your lashes; do not pull on the extensions or rub the eyes excessively.
- Gently brush your lashes as needed with a clean mascara wand, preferably when wet.
- For the first 48 hours after application, the lashes should not be exposed to water or steam to allow the adhesive time to fully bond. We recommend avoiding swimming, sauna, steamy showers for 48 hours after lash application for best results.
- Avoid the use of oil-based products on or around the eyelashes and do not use waterproof mascara. Water-based mascara and water-based mascara remover may be used if desired, however this could prevent lashes from lasting longer than desired. If you choose to apply mascara, apply sparingly and remove it gently with a water-based eye makeup remover.
- Let skin care practitioners know about your Eyelash Extensions and use caution when using steam, acid/peels, laser or hydroxyl treatments.
- Use powdered, liquid or gel eyeliners. Pencils (unless specifically formulated for Eyelash Extensions) tend to leave an oily residue which could loosen the bond.

Understanding Eyelash Growth and Cycle

It is normal when you wake up in the morning and notice an eyelash or two that have fallen out and are resting on your cheeks/pillow. Understand that this is normal process because like every other hair on your body, eyelashes are perpetually moving through a natural growth cycle.

Your eyelashes will go through a three-phase growth cycle and eventually fall out. Each lash will grow to a specific length and then stop (growth phase lasting between 30-45 days). If an eyelash falls out or is plucked out, it won't grow back right away because the follicle needs to complete the transition phase before it can move on to the next one (phase can last between 2-3 weeks). The resting phase can last more than 100 days before the eyelash falls out and a new one begins to grow. Because each individual lash is in its own phase of the growing cycle, it's normal for a few lashes to fall out most days. It typically takes between 4-8 weeks to fully replace an eyelash.

NOTE: If the eyelash extensions are falling out after following the above instructions, it could be that the lashes used during your service was too heavy for your lash to hold onto. If you start experiencing this, a shorter, lighter lash should be considered during the next service.

If you have any questions, please call the office. **If you experience any redness, irritation or difficulty opening of the eyes after 24 hours, please seek your medical physician immediately.**